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Prevalence, Impact, and Demography of Known Diabetes in the United States

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Based on information obtained from the 1982 National Health Interview Survey (NHIS), in 1982 there were approximately 5.8 million persons in the civilian noninstitutionalized population of the United States with known diabetes—a rate of 25.4 known diabetics per 1,000 population. Because these 1982 NHIS estimates of known diabetes are based only on a one-sixth subsample, this report presents more detailed information on the prevalence, impact, and demography of known diabetes in the United States based on three one-third subsamples of the NHIS sample for whom diabetes information was collected during the 1979–81 time period. A brief description of the procedures used is given in the Technical notes section of this report.

Variations in the prevalence of known diabetes

Known diabetes is relatively more common among older persons (figure 1). Even after taking this age differential into account, known diabetes is also proportionately more common among females, black people, the less educated, and those with low family incomes. Central city residents have a higher rate of known diabetes than metropolitan area residents outside the central city. Among the regions, the South has the highest rate of known diabetes; the West, the lowest. Table 1 shows average annual estimates of the prevalence of known diabetes by age and selected characteristics for 1979–81. Table 2 shows the rates of known diabetes per 1,000 population during this same time period.

Impact

Table 3 summarizes four different sets of indicators of the impact of diabetes. While only about 15 percent of the general

population is limited in their activities due to one or more chronic conditions or impairments, over half of all known diabetics are so limited (table 3), and this higher likelihood of limitation of activity among diabetics is only partially due to the older ages of diabetics (table 4). For about 3 out of 10 diabetics their diabetes is either the main or secondary cause of some activity limitation (table 3). About 13 percent of diabetics stayed in bed all or most of the day for one or more times during the past 12 months.

As a group, diabetics averaged about 20.8 restricted activity days per year due to their diabetes, but only about 6.4 bed disability days and 3.1 work-loss days because of their diabetes. However, the small number (13 percent) of all diabetics with one bed disability day or more in the past year averaged substantially higher rates of bed disability days (41.2 per person per year).

Virtually all known diabetics have seen a physician at some time in their lives for their diabetes, and better than four out of five (87 percent) visited a physician one time or more in the past year for their diabetes. Only about a third (34.6 percent) have ever been hospitalized for their diabetes, but as many as three out of four (76.1 percent) were taking medicine or were under treatment recommended by a physician for their diabetes.

About one out of five (19.7 percent) reported being bothered all the time by their diabetes; somewhat fewer (14.5 percent) were bothered a great deal by their diabetes. About 7 percent were bothered a great deal all of the time by their diabetes. In the general population only about 14 percent of persons were perceived to be in poor or fair health. Among diabetics, however, about half (50.8 percent) were perceived to be in fair or poor health. Even with age taken into account, diabetics were at least twice as likely as persons in the general population to have such unfavorable health assessments (table 4).



Figure 1. Average annual number of persons with known diabetes per 1,000 population by sex and selected sociodemographic characteristics: United States, 1979–81

Some of these measured impacts, including limitation of activity, restricted activity days due to diabetes, and being bothered a great deal all of the time by diabetes, are relatively more common among older diabetics. Other impacts, such as bed disability caused by diabetes, annual physician visits, and lifetime hospitalization experiences for diabetes, are proportionately more common among younger diabetics.

In evaluating diabetics' levels of restricted activity days, it

is important to realize that the relatively small proportion (30 percent) of diabetics who are limited in activity due to their diabetes account not only for a disproportionate share (44.7 percent) of restricted activity days due to all acute and chronic conditions, but also for an even greater disproportionate share (68.4 percent) of restricted activity days due specifically to diabetes. Figure 2 summarizes these findings graphically for all diabetics.



Figure 2. Percent distribution of diabetics and of selected types of restricted activity days by limitation of activity due to diabetes and other causes: United States, 1979–81

Demography

Diabetics as a group are much older than the general population in the United States (figure 3), and a smaller proportion of them are males (table 5). Although the vast majority of diabetics are white persons, the proportion of black diabetics is higher and the proportion of white diabetics is lower than their proportions by race in the general population. About 6 percent of all diabetics are of Hispanic origin, and about 15 percent are black. The population pyramids shown in figure 3 contrast the age-sex structure of the known diabetic subpopulation with that for the general population according to race. The pyramids in



SOURCE: National Center for Health Statistics: Computed by the Division of Epidemiology and Health Promotion from 1979-81 National Health Interview Survey data provided by the Division of Health Interview Statistics.



Figure 4. Age-sex-race composition of diabetics and the general population: United States, 1979-81

figure 4 contrast the age-sex-race structure of the known diabetic subpopulation with that for the general population.

Among persons 17 years and over, diabetics are less educated than the general population, as measured by the number of completed years of schooling (table 5). About one-third of diabetics 17 years and over are actively involved in the work force on a regular basis. However, such participation is substantially higher among younger diabetics and declines sharply with age (table 6). At all ages, diabetic men are much more likely than diabetic women to be in the work force, a situation seen as well in the general population. Diabetics, particularly men under 65 years of age and women of all ages, are more likely than the general population to live in families with low annual incomes (tables 5-6). A majority of diabetics 17 years and over are currently married (table 5), but in specific age categories of diabetics 45 years and over, men are much more likely to be married than women (table 6). About 65 percent of diabetics 17 years and over live with a spouse, while living with relatives or living alone are about equally likely living arrangements. The largest share of diabetics reside in the South; the smallest share, in the West (table 5). A majority of diabetics resides in metropolitan areas, but are about equally divided among central city residents, metropolitan area residents outside the central city, and nonfarm residences outside metropolitan areas.

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Table 1. Average annual number of persons with known diabetes by age and selected sociodemographic characteristics: United States, 1979-81

[Data are based on annual one-third subsamples of National Health Interview Survey household interviews of the civilian noninstitutionalized population]

					Age					
				17 years and over						
						65	years and	over		
Characteristic	All ages		All persons 17 years and over	17–44 years	45–64 years	All persons 65 years and over	65–74 years	75 years and over		
		Nt	Imber of per	sons with	known dia	betes in tho	usands			
Total ¹	5,429	53	5,376	848	2,406	2,123	1,338	785		
Sex										
Male Female	2,357 3,072	*20 *32	2,336 3,040	350 497	1,146 1,259	840 1,283	583 756	258 527		
Race										
White All other Black	4,512 917 834	47 *6 *6	4,465 911 828	684 164 157	1,942 463 408	1,839 284 262	1,148 190 172	691 94 90		
Hispanic origin ²										
Hispanic Non-Hispanic	330 5,072	*5 42	325 5,030	65 778	197 2,204	64 2,048	42 1,292	22 757		
Education of individual										
Less than 12 years 12 years More than 12 years	 	•••• ••••	2,745 1,502 933	237 319 267	1,148 810 380	1,360 372 286	820 281 185	541 92 102		
Marital status										
Married Formerly married Never married	 	· · · · · · ·	3,510 1,520 346	573 117 158	1,741 554 111	1,196 850 77	888 410 40	309 440 37		
Education of head of family										
Less than 12 years 12 years More than 12 years	2,723 1,428 1 <i>,</i> 038	*7 *29 *17	2,716 1,399 1,021	275 263 274	1,165 727 413	1,276 409 334	794 273 208	482 137 126		
Family income ³										
Less than \$7,000 \$7,000-\$9,999 \$10,000-\$14,999 \$15,000-\$24,999 \$25,000 or more.	1,453 586 828 952 1,190	*6 *Z *23 *12 *34	1,447 586 805 941 1,156	147 69 64 231 298	470 254 396 417 63	830 263 346 293 216	414 197 253 191 127	416 66 93 102 89		
Location of residence										
SMSA ⁴ Central city Outside central city Outside SMSA ⁴ Nonfarm Farm	3,604 1,684 1,920 1,825 1,681 144	35 *12 *23 *18 *10 *8	3,569 1,672 1,897 1,807 1,671 137	578 264 314 270 262 *8	1,661 789 872 745 687 59	1,330 619 711 793 723 70	836 390 447 502 446 56	494 230 264 291 277 14		
Geographic region										
Northeast North Central South West	1,205 1,415 1,981 827	*9 *14 *24 *5	1,196 1,402 1,957 822	171 239 285 152	533 627 914 332	491 536 758 337	313 305 515 207	179 232 244 131		

Includes unknown Hispanic origin, education of individual, marital status, education of head of family, and family income.

²Excludes persons of unknown Hispanic origin.

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³Data are for 1981 only, because information on annual family income is only available for broad income categories and is technically difficult to adjust for inflation over the 3-year time period. *SMSA = standard metropolitan statistical area.

SOURCE: National Center for Health Statistics: Computed by the Division of Epidemiology and Health Promotion from 1979-81 National Health Interview Survey data provided by the Division of Health Interview Statistics.

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Table 2. Average annual number of persons with known diabetes per 1,000 population by age and selected sociodemographic characteristics: United States, 1979-81

[Data are based on annual one-third subsamples of National Health Interview Survey household interviews of the civilian noninstitutionalized population]

					Age			
					17 year	rs and over		
						65	over	
Characteristic	All ages	Under 17 years	All persons 17 years and over	1744 years	45–64 years	All persons 65 years and over	65–74 years	75 years and over
		Numb	er of persons	s with know	wn diabete	s per 1,000	population	
Total ¹	24.7	0.9	33.3	9.1	55.0	88.4	87.7	89.4
Sex								
Male Female	22.2 27.0	*0.7 *1.1	30.7 35.7	7.7 10.4	55.0 55.1	85.1 90.7	87.9 87.7	79.3 95.3
Race								
White	23.8 30.5 32.2	1.0 *0.6 *0.7	31.6 45.9 48.8	8.5 12.8 14.5	49.9 97.4 99.9	84.3 127.7 129.8	83.4 128.4 129.3	86.0 126.5 130.9
Hispanic origin								
Hispanic Non-Hispanic	22.2 25.0	*1.0 0.8	33.1 33.4	9.4 9.0	88.7 53.3	84.9 88.4	84.5 87.9	85.6 89.3
Education of individual								
Less than 12 years 12 years More than 12 years	 	· · · · · · ·	57.0 25.0 18.8	11.7 8.5 7.8	77.7 48.9 33.6	104.0 65.6 68.9	104.7 69.6 64.6	102.9 56.0 78.6
Marital status								
Married Formerly married Never married	 	· · · · · · ·	34.2 60.9 10.3	10.4 14.0 5.2	50.5 77.7 52.9	90.9 89.4 56.8	91.4 87.6 47.3	89.5 91.1 72.9
Education of head of family								
Less than 12 years 12 years More than 12 years	41.0 18.9 14.2	*0.5 *1.3 *0.9	54.2 25.9 19.0	12.8 7.7 7.5	73.9 50.9 33.0	99.2 72.9 72.6	100.7 71.5 68.1	96.8 75.9 81.5
Family income ²								
Less than \$7,000 \$7,000-\$9,999 \$10,000-\$14,999 \$15,000-\$24,999 \$25,000 or more.	45.0 34.7 27.2 18.5 16.4	*0.8 *0.0 *2.9 *0.8 *1.8	59.7 45.9 35.8 25.9 21.4	12.3 11.0 4.9 9.7 8.7	102.9 90.0 71.9 44.4 38.5	108.1 72.1 90.3 96.7 73.1	98.9 80.7 93.1 89.1 62.5	119.7 54.7 83.7 115.2 97.2
Location of residence								
SMSA ³ Central city Outside central city Dutside SMSA ³ Nonfarm Farm.	24.1 27.7 21.6 26.1 26.2 24.9	0.9 *0.8 *1.0 *0.9 *0.6 *5.2	32.2 36.8 29.0 35.8 36.2 31.7	8.9 10.0 8.1 9.5 10.0 *3.9	55.2 65.9 48.1 54.6 56.4 39.8	86.2 86.9 85.6 92.2 92.5 89.7	85.4 88.2 83.1 92.0 90.2 109.5	87.6 84.9 90.1 92.7 96.5 52.5
Geographic region								
Northeast North Central South West	24.9 24.3 27.5 20.2	*0.8 *0.9 *1.2 *0.5	33.0 33.0 37.4 27.2	8.5 9.6 9.4 8.4	51.4 55.1 64.7 42.2	85.6 86.8 95.6 80.7	86.0 78.8 100.9 77.9	84.9 100.1 86.1 85.6

¹Includes unknown Hispanic origin, education of individual, marital status, education of head of family, and family income.

²Data are for 1981 only, because information on annual family income is only available for broad income categories and is technically difficult to adjust for inflation over the 3-year time period. ³SMSA = standard metropolitan statistical area.

SOURCE: National Center for Health Statistics: Computed by the Division of Epidemiology and Health Promotion from 1979-81 National Health Interview Survey data provided by the Division of Health Interview Statistics.

Table 3. Impact of known diabetes by age and selected health status indicators: United States, 1979-81

[Data are based on annual one-third subsamples of National Health Interview Survey household interviews of the civilian noninstitutionalized population]

			Pe	ersons with	i known di	abetes			
			17 years and over						
		Under 17 years		17–44 years	45–64 years	65 years and over			
Indicator	All ages		All persons 17 years and over			All persons 65 years and over	65–74 years	75 years and over	
Disability status				P	ercent				
Persons with limitation of activity due to one or more chronic conditions or impairments Persons for whom diabetes is a cause of limitation of	56.0	30.7	56.2	35.6	55.3	65.7	62.4	70.9	
activity	30.5	21.6	30.6	24.7	31.5	32.0	33.2	30.0	
diabetes	12.7	43.2	12.4	17.8	12.0	10.8	11.9	9.0	
Disability days				N	umber				
Restricted activity days due to diabetes per person per					_				
year Bed days due to diabetes per person per year Bed days due to diabetes per person having 1 bed day	20.8 6.4	18.7 14.1	20.8 6.4	15.4 4.3	19.7 6.2	24.2 7.4	28.0 5.7	17.7 10.3	
or more in the past year for diabetes Work-loss days due to diabetes per currently employed	41.2	26.7	41.7	18.1	37.4	62.7	39.8	114.0	
person with diabetes per year	3.1	•••	3.1	3.2	3.6	0.6	0.7	-	
Medical care				P	ercent				
Persons who have ever seen a physician for diabetes Persons with 1 or more physician visits in the past year for	99.7	100.0	99.7	99.6	99.7	99.7	99.8	99.5	
diabetesPressons ever hospitalized for diabetesPersons ever hospitalized for diabetesPersons taking medicine or treatment recommended by their	87.0 34.6	93.2 77.6	87.0 34.2	85.0 48.8	87.0 33.3	87.8 29.4	87.7 30.0	88.1 28.5	
physician for diabetes	76.1	73.7	76.2	65.6	75.1	81.5	83.1	79.0	
Perceived impact									
Persons bothered all the time by diabetes Persons bothered a great deal by diabetes Persons bothered a great deal by diabetes all the time	19.7 14.5 6.6	19.2 8.8 4.0	19.7 14.7 6.7	14.3 16.3 5.0	20.7 15.5 6.8	20.8 12.8 7.2	21.4 13.3 7.9	19.7 11.9 6.0	
Persons reported to be in fair or poor health	50.8	20.2	51.0	38.8	55.7	50.7	52.9	46.9	

SOURCE: National Center for Health Statistics: Computed by the Division of Epidemiology and Health Promotion from 1979-81 National Health Interview Survey data provided by the Division of Health Interview Statistics.

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Table 4. Age-adjusted average annual percent of persons with limitation of activity and fair or poor health assessments by diabetic status: United States, 1979–81

Indicator	General population	Diabetics
	Age-adjusted pe	ercent ¹
Limited in activity	14.5	41.5
Unable to perform usual activity	3.7	8.8
Limited in amount and kind of usual activity	7.2	21.1
Limited, but not in usual activity	3.5	11.6
Reported to be in fair or poor health	12.6	38.6

¹Age adjusted by the direct method to the 1979-81 civilian noninstitutionalized population using 5 age groups.

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SOURCE: National Center for Health Statistics: Computed by the Division of Epidemiology and Health Promotion from 1979-81 National Health Interview Survey data provided by the Division of Health Interview Statistics.

Table 5. Number of persons by diabetic status and age, and average annual percent distribution of persons by selected sociodemographic characteristics, according to diabetic status and age: United States, 1979–81

[Data are based on annual one-third subsamples of National Health Interview Survey household interviews of the civilian noninstitutionalized population]

	All a	ges	17 years a	and over	17-44	years	4564	years	65 years and over	
Characteristic	General population ¹	Known diabetics	General population ¹	Known diabetic						
	Number in thousands									
「otal	219,573	5,429	161,268	5,376	93,514	848	43,726	2,406	240,289	2,123
					Percent d	istribution				
otal ²	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Sex										
Лаlе	48.2	43.4	47.2	43.5	48.6	41.3	47.7	47.6	41.1	39.6
Female	51.8	56.6	52.8	56.5	51.4	58.7	52.3	52.4	58.9	60.4
Race										
White	86.3	83.1	87.7	83.1	86.2	80.7	89.1	80.7	90.7	86.6
All other	13.7	16.9	12.3	16.9	13.8	19.3	10.9	19.3	9.3	13.4
Black	11.8	15.4	10.5	15.4	11.6	18.6	9.3	17.0	8.3	12.3
Hispanic origin										
lispanic	6.8	6.1	6.1	6.1	7.4	7.7	5.1	8.2	3.1	3.0
lon-Hispanic	93.2	93.9	93.9	93.9	92.6	92.3	94.9	91.8	96.9	97.0
Education of individual										
Less than 12 years			31.0	54.0	22.3	30.0	35.1	50.0	58.2	68.3
12 years			37.8	28.4	41.0	38.1	38.5	34.0	24.2	17.9
More than 12 years	•••		31.2	17.6	36.8	31.9	26.4	16.0	17.6	13.8
Marital status										
Married			64.0	65.3	59.2	67.6	78.9	72.4	55.5	56.4
Formerly married			14.8	28.3	8.7	13.7	16.4	23.0	38.8	40.0
Never married			20.7	6.4	32.0	18.6	4.7	4.6	5.6	3.6
Family income ³										
ess than \$7,000	15.9	29.0	16.3	29.3	13.6	18.2	11.7	21.5	35.9	42.6
\$7,000–\$9,999	8.2	11.7	8.4	11.9	6.6	8.5	7.5	11.6	17.3	13.9
\$10,000-\$14,999	15.6	16.5	15.5	16.3	15.0	7.9	14.5	18.2	19.5	17.
\$15,000-\$24,999	24.9	19.0	24.0	19.1	26.4	28.5	23.2	19.1	14.9	15.1
\$25,000 or more	35.4	23.8	36.0	23.4	38.4	36.9	43.1	29.5	12.7	11.1
Location of residence										
5MSA ⁴	68.3	66.4	68.7	66.4	69.7	68.2	68.6	69.0	64.7	62.7
Central city	27.5	31.0	28.0	31.1	27.8	31.1	27.6	32.8	29.8	29.2
Outside central city	40.8	35.4	40.7	35.4	42.0	37.1	41.0	36.2	34.9	33.5
Dutside SMSA ⁴	31.7	33.6	31.3	33.6	30.3	31.8	31.4	31.0	35.3	37.3
Nonfarm	29.1	31.0	28.6	31.1	28.1	30.8	28.0	28.5	32.1	34.0
Farm	2.6	2.7	2.7	2.5	2.2	0.9	3.4	2.4	3.1	3.3

See footnotes and source at end of table.

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Table 5. Number of persons by diabetic status and age, and average annual percent distribution of persons by selected sociodemographic characteristics, according to diabetic status and age: United States, 1979–81—Con.

	All ages		17 years and over		17—44 years		45–64 years		65 years and over	
Characteristic	General population ¹	Known diabetics								
Geographic region					Percent dis	tribution				
Northeast	22.0	22.2	22.3	22.2	21.4	20.2	23.4	22.2	23.9	23.1
North Central	26.4	26.1	26.4	26.1	26.5	28.2	26.2	26.0	26.2	25.3
South	32.8	36.5	32.4	36.4	32.4	33.6	32.4	38.0	32.5	35.7
West	18.8	15.2	18.9	15.3	19.6	18.0	18.0	13.8	17.4	15.9

[Data are based on annual one-third subsamples of National Health Interview Survey household interviews of the civilian noninstitutionalized population]

Data are for the civilian noninstitutionalized population. Data for nondiabetics are not shown separately because they are virtually equivalent to the results for the general population.

²Excludes unknowns for Hispanic origin, education of individual, marital status, and family income.

³Data are for 1981 only, because information on annual family income is only available for broad income categories and is technically difficult to adjust for inflation over the 3-year time period. ⁴SMSA = standard metropolitan statistical area.

SOURCE: National Center for Health Statistics: Computed by the Division of Epidemiology and Health Promotion from 1979-81 National Health Interview Survey data provided by the Division of Health Interview Statistics.

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Table 6. Number of persons by sex, diabetic status, and age, and average annual percent distribution of persons 17 years and over by selected sociodemographic characteristics, according to sex, diabetic status, and age: United States, 1979-81

	17–4					45–64	years		65—74 years				75 years and over			
	Ger popul	neral lation ¹		nown betics	Ger popul	neral lation ¹		own betics		neral Ilation ¹		own betics		neral Ilation ¹		nown betics
Characteristic	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women
							Num	ber in thous	ands							
Total	45,461	48,052	350	497	20,848	22,878	1,146	1,259	6,630	8,621	583	756	3,245	5,532	257	527
							Perce	ent distribut	tion							
Total ²	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Marital status																
Married	57.5	60.9	67.5	67.7	84.9	73.4	82.8	62.9	82.0	51.1	84.6	52.3	68.6	23.1	73.1	22.8
Formerly married	6.2 36.3	11.1 28.0	12.2 20.4	14.8 17.4	9.9 5.1	22.3 4.3	11.8 5.4	33.2 3.9	13.3 4.6	42.8 6.2	12.9 2.6	44.4 3.3	26.5 4.9	70.6 6.3	21.8 5.1	72.7 4.5
Living arrangement																
With spouse	56.8 28.5	60.1 29.3	67.5 20.0	66.1 27.7	84.1 6.3	72.8 14.0	81.5 6.4	62.4 21.2	81.1 6.1	50.5 15.7	84.3 6.7	51.2 19.7	66.7 10.9	22.4 27.3	71.6 11.2	22.1 27.8
With nonrelatives	28.5 4.9	29.3	20.0 5.0	1.7	1.2	14.0	1.3	1.2	0.8	1.2	0.7	2.6	1.1	1.8	0.0	1.7
Alone	9.8	6.8	7.6	4.5	8.4	12.2	10.8	15.3	12.0	32.6	8.3	26.5	21.3	48.6	17.2	48.3
Labor force status																
In labor force	89.5	67.6	85.3	55.6	81.8	51.3	64.1	32.2	26.6	13.5	20.7	9.6	12.0	3.6	7.2	1.8
Not in labor force	10.5	32.4	14.7	44.4	18.2	48.7	35.9	67.8	73.4	86.5	79.3	90.4	88.0	96.4	92.8	98.2
Employment status ³																
Currently employed	93.2	90.9	93.1	90.2	96.2	95.7	97.2	95.4	96.2	96.7	96.7	92.1	94.4	90.2	100.0	59.7
Currently unemployed	6.8	9.1	6.9	9.8	3.8	4.3	2.8	4.6	3.8	3.3	3.3	7.9	5.6	9.8	0.0	40.3
Family income ⁴																
Less than \$7,000	12.2	15.0	14.3	22.2	9.0	14.2	13.6	28.5	21.3	35.5	22.7	46.0	39.8	51.6	48.9	56.5
\$7,000-\$9,999	6.0	7.1	6.2	10.8	5.9	9.0	9.4	13.6	18.2	17.8	12.9	20.1	19.6	14.1	8.4	8.7
\$10,000-\$14,999 \$15.000-\$24.999	14.7 27.1	15.3 25.8	7.1 32.1	8.6 24.9	13.2 23.7	15.7 22.7	17.5 23.5	18.8 15.3	23.9 20.5	19.7 14.1	28.2 20.6	15.4 12.2	18.9 12.6	13.3 10.8	17.0 14.5	10.2 12.9
\$25,000 or more	40.1	36.8	40.2	33.5	48.2	38.4	36.0	23.8	16.1	12.9	15.6	6.4	9.1	10.2	11.2	11.7

[Data are based on annual one-third subsamples of National Health Interview Survey household interviews of the civilian noninstitutionalized population]

¹Data are for the civilian noninstitutionalized population. Data for nondiabetics are not shown separately because they are virtually equivalent to the results for the general population.

²Excludes unknown marital status, labor force status, and employment status.

³For persons in the labor force.

⁴Includes only data for 1981.

SOURCE: National Center for Health Statistics: Computed by the Division of Epidemiology and Health Promotion from 1979-81 National Health Interview Survey data provided by the Division of Health Interview Statistics.

Technical notes

The data presented in all tables in this report were derived from a subsample of household interviews of the National Health Interview Survey. These interviews were conducted in a probability sample of the civilian noninstitutionalized population of the United States. During calendar years 1979-81, questions about diabetes, included in two of the six chronic condition checklists administered each year, were asked in approximately 39,615 households, representing one-third of the total number of the households interviewed during 1979-81. More detailed descriptions of the sample design and copies of the questionnaires used in collecting data on the prevalence, impact, and demography of known diabetes are shown in other NCHS publications.¹⁻³

Because the estimates shown are based on a sample of the population, they are subject to sampling error. Table I shows standard errors for estimates of the number of persons with known diabetes or other characteristics. Table II shows stan-

Table I. Standard errors of estimates of aggregates

Size of estimates in thousands	Standard erro in thousands
35	11
100	18
300	31
500	40
1,000	57
5,000	125
10.000	174
20,000	237
30,000	278
150,000	393

NOTE: A list of references follows the text.

Table II. Standard errors, expressed in percentage points, of estimated percents

	Estimated percents									
Base of percents in thousands	2 or 98	5 or 95	10 or 90	30 or 70	50					
200	1.8	2.8	3.8	5.9	6.4					
300	1.4	2.0	3.1	4.8	5.2					
400	1.2	1.9	2.7	4.1	4.5					
500	1.1	1.8	2.4	3.7	4.0					
1,000	0.8	1.2	1.7	2.6	2.9					
2,000	0.6	0.9	1.2	1.8	2.0					
5,000	0.4	0.6	0.8	1.1	1.3					
10,000	0.3	0.4	0.5	0.8	0.9					
20,000	0.2	0.3	0.4	0.6	0.6					
30,000	0.1	0.2	0.3	0.5	0.5					
50,000	0.1	0.2	0.2	0.4	0.4					

dard errors appropriate for percents, including the percent of persons with known diabetes, and the percent of known diabetics with various characteristics.

Estimates of diabetes based on household reports are limited to conditions individuals know about and are willing to report. Moreover, although it is widely recognized that the term "diabetes mellitus" refers to a heterogeneous group of disorders that have glucose intolerance, it is not possible to tabulate National Health Interview Survey diabetes data to identify different types of diabetes. Because it is estimated that general population samples are composed mainly of noninsulindependent diabetics, one should be cautious in generalizing the descriptions in this report to insulin-dependent diabetics. More extensive discussions of these and other aspects of diabetes in the United States, including estimates of the number of persons with undiagnosed diabetes, are available.⁴⁻⁹

Symbols

- --- Data not available
- ... Category not applicable
- Quantity zero
- 0.0 Quantity more than zero but less than 0.05
- Quantity more than zero but less than
 500 where numbers are rounded to
 thousands
- Figure does not meet standard of reliability or precision
- # Figure suppressed to comply with confidentiality requirements

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