

Office Visits by Black Patients, National Ambulatory Medical Care Survey: United States, 1975-76¹

Presented in this report are data about the estimated 90.5 million office visits made by black ambulatory patients over the 2-year span from January 1975 through December 1976. The data, which are contrasted with corresponding data for the overall visit universe, are based on the findings of the National Ambulatory Medical Care Survey (NAMCS). The NAMCS is a continuing sample survey conducted annually by he-Division of Health Resources Utilization Statistics of the National Center for Health Statistics. The survey-national in range except for Alaska and Hawaii-is designed to explore the provision and utilization of ambulatory care in the offices of non-Federal, office-based physicians.

Figure 1 is a facsimile of the Patient Record used by participating physicians to record information about their office visits. The reader may find it useful to refer to figure 1 as selected survey findings are presented.

DATA HIGHLIGHTS

General Perspective

During 1975 and 1976, the physician's office was the setting for an estimated 90,483,499 visits by black patients, about 7.8 percent of the total 1,155,900,228 office visits made by ambulatory patients of all races. This represented an average annual visit rate of 1.9 office visits per year for black members of the

civilian noninstitutionalized population, a visit rate which is markedly below the 2.8 visits per person per year estimated for all members of that population. Black patients showed a relatively greater tendency to visit other ambulatory care sites. According to findings of the Health Interview Survey, a national household survey conducted by the National Center for Health Statistics, they visited hospital outpatient clinics and emergency rooms with a frequency that was about 2 to 3 times that of white patients.

Provider Characteristics

About 77 percent of the office-based care rendered to black patients was provided in the offices of four specialists: the general or family physician, the internist, the pediatrician, and the obstetrician gynecologist (table 1). Visits to general and family physicians alone accounted for nearly one-half of all visits. In a ratio of about 3 to 2, visits to solo practitioners outnumbered visits to physicians in multiplemember practice. Table 1 also shows that about three-fourths of all office-based care for black patients was provided in metropolitan areas.

Patient Characteristics

Nearly 2 of every 3 visits by black patients were made by persons under 45 years of age (table 2). In contrast with the median visit age of 37 years found for the entire visit universe, the median visit age of black patients was a relatively youthful 33 years. Conforming with the overall pattern of office-based care, the annual visit rate for the black population generally increased in direct parallel to advancing age (table

¹This report was prepared by Hugo Koch and Raymond O. Gagnon, Division of Health Resources Utilization Statistics.



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3). The rate for black patients of over 64 years of age, however, failed to show the pronounced increase common in the overall visit pattern. Visits by black females substantially exceeded those by black males, both in total number and in annual visit rate (tables 2 and 3).

At an estimated 43 percent of their visits, black patients presented problems that the physician had not previously encountered in those patients (table 2, prior visit status). These new problem encounters may be summed up as all visits made by new patients (17 percent) plus those made by old patients of the doctor at which a new problem was presented (26 percent). The remaining 57 percent of visits are return visits for previously treated problems,

yielding an average of about 1.3 return visits per year for every new problem presented. The return visit rate for black patients was lower than the return visit rate of 1.7 visits per year found by similar method for the entire visit universe, a difference that probably resulted chiefly from the relatively greater frequency among black patients of acute conditions, largely self-limiting in nature, which responded rapidly to office-based care (e.g. respiratory illness). For about 60 percent of the visits by black patients involving a symptom or complaint, the problem had an onset of less than ? months before the visit and was therefore-for NAMCS purposes-classified as an "acute" problem.

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Table 1. Number and percent distribution of office visits of	
black patients and percent distribution of office visits of all	
patients, by physician characteristics: United States, 1975-76	

Physician	Number of visits of	Visits	bγ–
characteristic	black patients in thousands	Black patients	All patients ¹
		Percent d	istribution
All visits	90,484	100.0	100.0
Specialty			
General and family practice	42,183	46.6	39.8
Obstetrics and	42,100		
gynecology	9,905	11.0	8.4
Internal medicine Pediatrics	9,692 7,760	10.7 8.6	11.3 9.3
General surgery	5,657	6.3	6.7
Orthopedic surgery	3,177	3.5	4.1
Ophthalmology	2,854	3.2	4.7
Dermatology	1,813	2.0	3.1
Urology	1,308	1.5	1.8
Psychiatry	995 991	1.1 1.1	2.7 2.4
Otolaryngology	713	0.8	1.2
All other specialties	3,436	3.6	4.5
Location of practice			
Metropolitan area ²	68,137	75.3	73.3
Nonmetropolitan area	22,346	24.7	26.7
Type of practice			
Solo Other	55,415 35,068	61.2 38.8	60.0 40.0

¹Based on 1,155,900,228 office visits over the 2-year span. ²Location within the standard metropolitan statistical areas (SMSA's). Composition of SMSA's does not reflect 1974 adjustments.

Patient's Reason for Visit

Table 4 presents in ranked order the 20 reasons that most frequently motivated black patients to visit the doctor's office. These reasons are those expressed by the patient, and they are coded according to a symptom classification developed for use by the NAMCS. The listing, which includes nonsymptomatic as well as symptomatic reasons, accounts for 52 percent of all black visits. It is noteworthy that "preg-

incy visits" head the list. Also distinctive of ffice-based care provided black patients is the relative prominence of respiratory symptoms and of complaints involving the back and extremities.

patiente, 27 patiente e			
Patient	Number of visits of	Visi	its by—
characteristic	black patients in thousands	Black patients	All patients ¹
		Percent d	listribution
All visits	90,484	100.0	100.0
Age			
Under 15 years	15,271	16.9	18.1
15-24 years	14,935	16.5	15.1
25-44 years	28,122	31.1	25.5
45-64 years	22,229	24.6	25.1
65 years and over	9,926	11.0	16.9
Sex and age			
Female	57,875	64.0	60.4
Under 15 years	7,587	8.4	8.5
15-24 years	10,960	12.1	9.9
25-44 years	19,165	21.2	16.8
45-64 years	13,729	15.2	15.1
65 years and over	6,433	7.1	10.0
Male	32,609	36.0	39.6
Under 15 years	7,684	8.5	9.6
15-24 years	3,974	4.4	5.2
25-44 years	8,957	9.9	8.7
45-64 years	8,500	9.4	10.0
65 years and over	3,494	3.9	6.2
Prior visit status			
New patient	15,159	16.8	14.6
Old patient	75,325	83.3	85.4
New problem Old problem	23,507 51,817	26.0 57.3	23.2 62.9

Table 2. Number and percent distribution of office visits of black patients and percent distribution of office visits of all patients, by patient characteristics: United States, 1975-76

¹Based on 1,155,900,228 office visits over the 2-year span.

Table 3. Number of office visits per year for black patients and for patients of all races, by sex and age: United States, 1975-76

Sex and age	Black patients	All patients
Total	1.9	2.8
<u>Sex</u> Female Male <u>Age</u>	2.2 1.4	3.3 2.5
Under 15 years 15-24 years 25-44 years 45-64 years 65 years and over	1.0 1.5 2.5 2.8 2.7	2.0 2.2 2.7 3.4 4.3

 Table 4. Number, percent, and cumulative percent of office visits of black patients and percent of visits of all patients, by the patients'

 20 most common reasons for visits in ranked order: United States, 1975-76

		I	Black patient	S	Dorecent of
Rank Patient's principal reason for visit and NAMCS code	Number of visits in thousands	Percent of visits	Cumulative percent	Percent of visits of all patients ¹	
1	Pregnancy examination905	4,203	4.7	4.7	3.
2	Pain, swelling, injury-back region415	3,890	4.3	9.0	2.
3	Cold	3,392	3.8	12.8	1.
4	Physical examination (excluding well-baby)	3,241	3.6	16.4	4.
5	Pain, swelling, injury-lower extremity400	3,222	3.6	20.0	3.
6	Abdominal pain	3,109	3.4	23.4	2.
7	Surgical aftercare	2,883	3.2	26,6	4.
8	Pain, swelling, injury-upper extremity	2,590	2.9	29.5	2.
9	Headache	2,585	2.9	32.4	1.
10	Cough	2,314	2.6	35.0	2.
11	Pain, swelling, injury-face and neck	1,917	2.1	37.1	į 1.
12	Sore throat	1,870	2.1	39.2	2.
13	High blood pressure	1,852	2.1	41.3	1.
14	Allergic skin reaction112	1,741	1.9	43.2	1.
15	Wounds of skin	1,627	1.8	45.0	1.
16	Pain in chest	1,407	1.6	46.6	1.
17	Vaginal discharge662	1,281	1.4	48.0	0.
18	Fever	1,260	1.4	49.4	1.
19	Well-baby examination	1,258	1.4	50.8	1.
20	Dizziness	1,222	1.4	52.2	- 1

¹Based on 1,155,900,228 office visits by patients of all races over the 2-year span.

Diagnostic Procedures and Diagnoses

To diagnose the problems that black patients presented, physicians focused on the limited examination (table 5), i.e., an examination confined to the body site or system directly connected with the patient's chief complaint. Reliance on this diagnostic approach, though general throughout ambulatory care, was significantly stronger in the treatment of black patients. It is also noteworthy from table 5 that blood pressure readings were taken substantially more often during visits made by black patients than during the overall pattern of visits (40 percent of visits by black patients compared with 33 percent by all patients).

The distribution of office visits made by black patients and by all patients is given in table 6 by major diagnostic groups. The five most common groups among black patients in order of frequency are diseases of the respiratory system; special conditions and examinations without illness; diseases of the circulatory system; accidents, poisonings, and violence; and

Table 5. Number and percent of office visits of black patients
and percent of office visits of all patients, by diagnostic pro-
cedures ordered or provided: United States, 1975-76

Diagnostic	Number of visits of	Percent of	visits by—
procedures ordered or provided	black patients in thousands	Black patients ¹	All patients ²
Limited examination General examination Clinical laboratory test X-ray Blood pressure check Electrocardiogram Hearing test Vision test Endoscopy	52,395 15,944 22,932 6,522 36,126 2,483 867 3,426 545	57.9 17.6 25.3 7.2 39.9 2.7 1.0 3.8 0.6	51.6 16.3 22.8 7.6 33.2 3.3 1.3 5.0 1.2

Based on 90,483,499 visits.

²Based on 1,155,900,228 visits.

diseases of the genitourinary system. Table 7 presents in ranked order the 20 specific cond tions most frequently encountered; note that they account for nearly one-half (47.3 percent) of all visits made by black patients.

		Visits by—	
Major diagnostic groups and inclusive ICDA codes ¹	black patients in thousands	Black patients	Ali patients ²
		Percent di	stribution
All visits	90,484	100.0	100.0
Infective and parasitic diseases	4,410	4,9	4.2
Neoplasms	1,468	1.6	2.2
Endocrine, nutritional, and metabolic diseases	4,270	4.7	4.2
Mental disorders	3,068	3.4	4.2
Diseases of nervous system and sense organs	4,998	5.5	8.2
Diseases of circulatory system	9,366	10.4	9.6
Diseases of respiratory system	14,704	16.3	14.1
Diseases of digestive system	2,999	3.3	3.3
Diseases of genitourinary system	6,822	7.5	6.2
Diseases of skin and subcutaneous tissue	4,445	4.9	5.3
Diseases of musculoskeletal system	5,271	5.8	5.7
Symptoms and ill-defined conditions780-796	4,063	4.5	4.7
Accidents, poisonings, and violence	8,140	9.0	7.3
Special conditions and examinations without sickness	14,295	15.8	18.1
Other diagnoses ³	1,365	1.5	1.4
Diagnosis "none" or "unknown"	788	0.9	1.3

Table 6. Number and percent distribution of office visits of black patients and percent distribution of office visits of all patients, by major diagnostic groups and inclusive ICDA codes: United States, 1975-76

¹Based on Eighth Revision International Classification of Diseases, Adapted for Use in the United States, ICDA.

²Based on *Eighth Revision International Classification of Discuss, Adapted for Ose in the Onited Based, 1927*, ²Based on 1,155,900,228 office visits by patients of all races over the 2-year span 1975-76. ³Diseases of blood and blood-forming organs; complications of pregnancy, childbirth and the puerperium; congenital anomalies; and certain causes of perinatal morbidity and mortality.

			Bl	ack patient	s	Percent
Rank	Principal diagnosis and ICDA code ¹		Number of visits in thousands	Percent of visits	Cumulative percent	of visits of all patients ²
1	Medical and special examinations		5,177	5.7	5.7	7.4
2	Essential benign hypertension		5,019	5.6	11.3	4.0
3	Acute upper respiratory infection		4,403	4.9	16.2	2.9
4	Prenatal care		4,211	4.7	20.9	3.7
5	Medical and surgical aftercare		3,179	3.5	24.4	4.9
6	Diabetes		2,228	2.5	26.9	1.7
7	Sprains, strains: other and unspecified parts of back		1,993	2.2	29.1	1.0
8	Chronic ischemic heart disease		1,743	1.9	31.0	2.3
9	Neuroses		1,712	1.9	32.9	2.2
10	Obesity		1,329	1.5	34.4	1.4
11	Bronchitis (unqualified)		1,311	1.5	35.9	1.2
12	Other eczema and dermatitis		1,299	1.4	37.3	1.7
13	Sprains, strains: sacroiliac region		1,230	1.4	38.7	0.7
14	Acute pharyngitis		1,177	1.3	40.0	1.5
15	Asthma		1,168	1.3	41.3	1.0
16	Cystitis		1,167	1.3	42.6	0.8
17	Acute tonsilitis	463	1,083	1.2	43.8	1.1
18	Osteoarthritis and allied conditions	713	1,051	1.2	45.0	1.1
19	Disorders of menstruation	626	1,048	1.2	46.2	0.7
20	Synovitis, bursitis, and tenosynovitis	731	1,029	1.1	47.3	1.0

Table 7. Number, percent, and cumulative percent of office visits of black patients and percent of visits of all patients, by the physicians' 20 most common diagnoses in ranked order: United States, 1976-76

¹Based on Eighth Revision International Classification of Diseases, Adapted For Use in the United States, ICDA. ²Based on 1,155,900,228 office visits by patients of all races over the 2-year span 1975-76.

Other Visit Characteristics

In the physician's judgement, most of the conditions presented by black office patients were not very severe in prognosis. Four of every five conditions could be categorized as ranging from slightly serious to not serious (table 8). This is about the same proportion as in visits by all patients.

Drug therapy plays an extensive part in the overall pattern of office care. It is even more extensively applied in the care of black patients since more than half of all such visits involve treatment by a prescription or nonprescription drug (table 8, therapeutic services).

In agreement with the overall tendency in office ambulatory care, a return visit was the form of disposition most frequently found in the care of black patients (table 9, disposition). Table 9 shows that the slightly greater-thanaverage use of the direction "return if needed" probably reflected the relatively higher incidence of acute, self-limiting conditions found among black office patients.

Table 8. Number and percent of office visits of black patients and percent of office visits of all patients, by seriousness of problem and selected therapeutic services ordered or provided: United States, 1975-76

Seriousness of problem and	Number of visits of	Percent of	visits by—
selected therapeutic services ordered or provided	black patientsin thousands	Black patients ¹	All patients ²
Seriousness of problem			
Serious or very serious	16,898	18.7	19.4
Slightly serious	32,009	35.4	32.0
Not serious	41,576	46.0	48.6
Therapeutic services			
Drug prescribed	48,852	54.0	43.6
Injection Immunization or	12,604	13.9	13.1
desensitization	2,961	3.3	4.9
Office surgery	3,975	4.4	6.9
Physiotherapy	3,094	3.4	2.6
Medical counseling	11,258	12.4	13.0
Psychotherapy and			
therapeutic listening	1,720	1.9	4.2

¹Based on 90,483,499 visits.

²Based on 1,155,900,228 visits.

Disposition and duration of	Number of visits of	Visit	s by—
physician-patient contact	black patients in thousands	Black patients	All patients ¹
		Percent dis	tribution
All visits	90,484	100.0	100.0
Disposition ²			
No followup planned Return at specified	10,712	11.8	12.3
time	52,496	58.0	60.2
Return if needed Telephone followup	22,607	25.0	21.9
planned Referred to other	1,846	2.0	3.5
physician or agency Returned to referring	3,220	3.6	2.8
physician	848	0.9	0.9
Admit to hospital	1,796	2.0	2.1
Duration of contact			1.
0 minutes (no face-to- face contact with			
physician)	758	0.8	1.8
1-5 minutes	19,147	21.2	15.1
6-10 minutes	29,969	33,1	31.5
11-15 minutes	24,006	26.5	26.6
16-30 minutes	13,860	15.3	19.5
31 minutes or more	2,744	3.0	5.5

¹Based on 1,155,900,228 office visits by patients of all races over the 2-year span 1975-76. Will not total to 100.0 since more than one disposition was

possible.

Data on duration of contact in table 9 suggest that the overall average length of time spent in face-to-face contact with the physician was less for black than for white patients. The mean contact duration for black patients was 13 minutes as compared with an estimated average of about 15 minutes for the total visit universe. It would be inaccurate to infer, however, that this shorter time was the direct product of color or race. Rather, the difference stemmed chiefly from the symptoms presented by black patients, of which a greater proportion than average were acute and self-declaring by nature, requiring relatively less time to diagnose and treat.

TECHNICAL NOTES

SOURCE OF DATA: The information presented in this report is based on data collected in the National Ambulatory Medical Care Survey (NAMCS) during 1975 and 1976. The target universe of the NAMCS is composed of office visits made within the coterminous United States to non-Federal physicians who are principally engaged in office practice and are not in the specialties of anesthesiology, pathology, or radiology. The National Opinion Research Center, under contract to the National Center for Health Statistics, was the organization responsible for the survey's field operation.

SAMPLE DESIGN: The NAMCS utilizes a multistage probability design that involves samples of primary sampling units (PSU's), physician practices within PSU's, and patient visits within practices. Each year a sample of practicing physicians is selected from master files maintained by the American Medical Association and American Osteopathic Association. For the 2-year period 1975-76, a total of 6,529 physicians were included in the sample. Of those found eligible for the survey, 79.9 percent participated. Characteristics of the physician's practice-for example, primary specialty and type of practice-are obtained during an induction interview. During a 1-week reporting period, physicians who participated in the NAMCS completed brief encounter forms for a sample of their office visits (see Patient Record, figure 1). The Patient Record included an entry for color or race (item 4). The physician was instructed to select the racial category that, based on his observation or prior knowledge of the patient, was most appropriate for the patient. The estimates presented in this report are based on the Patient Records completed for 15,004 visits by black patients over the 2-year period 1975-76. A detailed description of the NAMCS design and procedures has been presented in an earlier publication.²

SAMPLING ERRORS: Since the estimates for this report are based on a sample rather than the entire universe, they are subject to sampling variability. The standard error is primarily a measure of sampling variability. The relative standard error of an estimate is obtained by dividing the standard error of the estimate by the estimate itself and is expressed as a percent of the estimate. Relative standard errors of selected aggregate statistics are shown in table I. The standard errors appropriate for the estimated percentages of the office visits are shown in table II.

Table I. Approximate relative standard error of estimated numbers of office visits, NAMCS 1975-76

Estimate in thousands	Relative standard error in percentage points
600	30.2
1,000	23.5
2,000	16.7
4,000	12.0
10,000	8.0
40,000	4.8
200,000	3.4
1,000,000	3.1

Example of use of table: An aggregate estimate of 25,000,000 visits has a relative standard error of 6.4 percent or a standard error of 1,600,000 visits (6.4 percent of 25,000,000).

Table II. Approximate standard errors (of percentages for
estimated numbers of office visits, N	AMCS 1975-76

Base of percentage	Estimated percentage						
(number of visits	1 or	5 or	10 or	20 or	30 or	50	
in thousands)	99	95	90	80	70		
	Standard error in percentage points						
600	3.0	6.5	9.0	12.0	13.8	15.0	
1,000	2.3	5.1	7.0	9.3	10.7	11.6	
2,000	1.6	3.6	4.9	6.6	7.5	8.2	
4,000	1.2	2.5	3.5	4.7	5.3	5.8	
10,000	0.7	1.6	2.2	2.9	3.4	3.7	
40,000	0.4	0.8	1.1	1.5	1.7	1.8	
200,000	0.2	0.4	0.5	0.7	0.8	0.8	
1,000.000	0.1	0.2	0.2	0.3	0.3	0.4	

Example of use of table: An estimate of 20 percent based on an aggregate estimate of 80,000,000 visits has a standard error of 1.3 percent. The relative standard error of 20 percent is 6.5 (1.3 percent \div 20 percent).

ROUNDING OF NUMBERS: Aggregate estimates of office visits presented in the tables are rounded to the nearest thousand. The rates and percents, however, were calculated on the basis or original, unrounded figures. Because of rounding of percents, the sum of percentages may not equal 100.0 percent.

²National Center for Health Statistics: The National Ambulatory Medical Care Survey, 1975 summary, United States, January-December 1975, by H. Koch and T. McLemore, Vital and Health Statistics. Series 13-No. 33. DHEW Pub. No. (PHS) 78-1784. Public Health Service. Washington. U.S. Government Printing Office, Jan. 1978.

DEFINITIONS: An ambulatory patient is an individual presenting himself for personal health services who is neither bedridden nor currently admitted to any health care institution on the premises.

An office is a place that the physician identifies as a location for his ambulatory practice. Responsibility over time for patient care and professional services rendered there generally resides with the individual physician rather than an institution.

A visit is a direct personal exchange between an ambulatory patient and a physician or a staff member working under the physician's supervision for the purpose of seeking care and rendering health services.

A physician is a duly licensed doctor of medicine (M.D.) or doctor of osteopathy (D.O.) currently in practice who spends time in caring for ambulatory patients at an office location. Excluded from NAMCS are physicians who specialize in anesthesiology, pathology, or radiology; physicians who are federally employed; physicians who treat only institutionalized patients; physicians employed full time by an institution; and physicians who spend no time seeing ambulatory patients.

SYMBOLS

Data not available	
Category not applicable	•••
Quantity zero	-
Quantity more than 0 but less than 0.05	0.0
Figure does not meet standards of reliability or precision	*

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